



All Day Menu

Soft & Hot drinks

Food served all day 'til 9pm
All available for Take away

v veggie vg vegan ng no gluten containing ingredients
underlined v/vg/ng means it can be made that way with a
minor change (e.g we use the correct fryer)

If you have any dietary requirements, please let us know when you order

Homemade American style Pancake Stack

All drizzled with Real Maple syrup

Dairy free Vegan pancakes available on request

Simple triple stack (you can add toppings overleaf) <u>v vg</u>	£5
U.S.A scrambled egg & bacon	£9
Hero Pancakes	£10
Linda McCartney sausages, scrambled Turmeric tofu & hash brown <u>v vg</u>	
The Big Red Pancake Breakfast	£12
two Pork sausages, two bacon rashers, scrambled eggs & a hash brown	
Oreo Pancakes	£9
Homemade Oreo filling, crumbled Oreos, chocolate sauce & whipped cream <u>v vg</u>	
Biscoff Pancakes	£9
fresh banana, whipped cream, Lotus Biscoff biscuit and Biscoff spread <u>v vg</u>	

Breakfast

Matcha coconut milk porridge	£5
w/ fresh blueberries, banana, poppy, sunflower chia & pumpkin seeds <u>vg</u>	
Grilled Salmon fillet	£9
on spinach & grilled cherry tomatoes topped with a fried egg <u>ng</u>	
Chipotle Sweet potato, winter root vegetable & spinach Hash	£7
Topped with turmeric scrambled tofu & guacamole <u>vg ng</u>	

English style Breakfasts served all day

Please note these are discounted set bundles, we can't allow swaps

Hearty English	£8
pork sausage, 2 bacon rashers, fried egg, buttered granary toast, beans, mushrooms, cherry toms & hash brown	
No gluten option . . . ngci bread (our usual sausages are GF but please check) <u>ng</u>	£8.75
Hearty Veggie	£8
Linda McCartney sausage, grilled halloumi, fried egg, mushrooms, beans, buttered granary toast, cherry tomatoes & hash brown <u>v</u>	
No gluten option . . . Scrambled Tofu instead of sausage & ngci bread <u>v ng</u>	£8.75
Hearty Vegan	£8
Linda McCartney sausage, Scrambled Turmeric Tofu, beans, mushrooms, spinach, 'battered' granary toast, cherry toms & hash brown <u>vg</u>	
The Big Red Breakfast	£11
two Pork sausages, two bacon rashers, two fried eggs, buttered granary toast, beans, mushrooms, cherry toms, hash brown	
Diddy English Pork sausage, bacon, fried egg, beans, buttered toast <u>ng</u>	£5
Diddy Veggie Linda's sausage, halloumi, fried egg, beans, buttered toast <u>v</u>	£5.50
Sausage or Bacon bap Two sausages or thick cut rashers of bacon <u>ng</u>	£4.50
Sausage & egg bap Two Pork or Linda McCartney sausages with a fried egg	£5.25
Halloumi bap with fried mushrooms <u>v ng</u>	£4.25
Scrambled egg or Turmeric Tofu on freshly baked granary toast <u>vg ng</u>	£4

Add to your Breakfast or Pancakes

£1.50 each	£1.25 each	75p each
Pork or Linda McCartney's sausage, Guacamole	Thick cut Bacon, Black pudding	Trade up to scrambled egg Extra toast, Spinach
Scrambled Egg	Scrambled Tofu	Hash brown,
Halloumi	Fried Egg	Baked Beans, Mushrooms,
Strawberry Jam jar	Peanut butter	Cherry Tomatoes
Fresh Blueberries	Vanilla ice cream	Mixed seeds, Whipped Cream (dairy or non)
Fresh Banana	Chocolate sauce	

Sandwiches

Fish fingers , mayo & lettuce on a large granary bap	£5
Quorn fish-like fingers & vegan mayo on granary bap vg	£5
Bacon Avo thick cut bacon, guacamole, cherry tomatoes & lettuce on granary ng	£7
Grilled cheese Mozzarella, Cheddar & Halloumi w/ spinach & mustard on granary v ng	£5
Seitan Shawarma kebab in a flatbread with tomato, cucumber & tzatziki vg	£7

Snacks & sides

Buffalo cauliflower bites with houmous dip vg ng	£6
Houmous and Mixed Garlic & Herb Olives with flatbread vg ng	£5
Halloumi & red pepper skewers with sweet chilli sauce v ng	£5
Proper chips vg ng	£2.90
Homemade creamy slaw vg ng	£2
Beer battered onion rings vg	£3
Skin on Sweet potato chunks vg ng	£3.50
Classic Loaded chips with bacon, melted cheese with sriracha mayo ng	£6.50
Satay Loaded chips spring onion & cucumber w/ sriracha, peanut & sesame vg ng	£5.90
Kebab Loaded chips with spiced seitan, vegan tzatziki vg	£7
Mexican loaded sweet potato chunks	£6.50
With jalapenos, guacamole & sweetcorn salsa vg ng	

Limited Edition Mains

Freshly prepared, limited availability

Beef Brisket in Birmingham brewing co stout gravy	£12.50
with fried sweet potato, roast root vegetables & wilted spinach ng	
Vegan fish & chips	£11
Freshly battered seaweed wrapped banana blossom with proper chips, mushy peas & sriracha mayo vg	
A Chicken-y Hug	£12
Hearty free range chicken, baby onion & mushroom stew with herby dumplings	
Cajun Salmon Salad	£12.50
Spiced Salmon fillet, sweet potato & sweetcorn salsa on cucumber & cherry tomato salad with guacamole ng	

Burgers

All served with homemade slaw

ng Instead of a bun have salad, or sliced seeded no gluten bread for an extra 75p

Beef Burgers

Two of our handmade patties for maximum flavour in a freshly baked bun with lettuce

Simple with relish ng	£8.50
Stacker bacon, cheddar, mozzarella, gherkin & beer battered onion rings	£11
Blue cheese bacon, red onion chutney & a gherkin ng	£10

Chicken Burgers

Panko coated fried free range chicken in a freshly baked bun with lettuce

Simple with sriracha mayo	£8.50
Satay with cucumber, spring onion, peanut & sesame	£9.50
Mexican with jalapenos, guacamole and sweetcorn salsa	£10

Falafel Burgers

Our homemade lightly spiced falafel patty in a freshly baked bun with lettuce

Simple with tzatziki vg ng	£8.50
Vegan Junkie houmous, fried mushrooms & beer battered onion rings vg	£10.50
Avo Halloumi grilled Halloumi & guacamole v ng	£11

Add toppings or extras to any meal

£1.50 each	£1.25 each	75p each
Halloumi, Houmous	Thick cut Bacon,	Jalapenos
Guacamole, Blue cheese	Cheddar, Sweetcorn salsa	Gherkin, Vegan Mayo,
Winter roast veg	Fried Egg, Red onion chutney	Sweet chilli, GF BBQ

Meals recommended for Kids under 11

Build a small breakfast above

Short stack pancakes with maple syrup vg	£4
Quorn nuggets vg , fish fingers or sausages ng with chips & beans or mushy peas	£5
Houmous with carrot & cucumber sticks vg ng	£4.50

Check out our **homemade cakes** on the downstairs bar [ng](#) [vg](#)
 Topped homemade brownie (ask for today's topping) £3.20
 Anzac flapjack cookies £2.50
 Other assorted cakes including vegan options
 Add whipped cream 75p [vg](#) [ng](#) or a scoop of vanilla ice cream £1.25 [v](#) [ng](#)

Hot drinks

A mug of fair trade Tea with milk £1.50

Posh Teas check the bar for today's selection all £2 in a mug

Freshy ground Coffee

decaf available

Americano, Espresso £2.20

Mocha, Matcha latte £2.90

Latté, Flat white, Cappuccino £2.60

Blended/Iced

Iced latte with a syrup £3.20

we recommend vanilla, caramel or hazelnut

Frapp it up

your choice of syrup, blended with iced espresso & ice cream £3.70

Peach iced Black Tea £3

Mint iced Green Tea £3

Hot Chocolates

Regular Cadbury's hot chocolate £2.60

Mexican a pick me up with cinnamon & chilli £2.90

Deluxe topped with whipped cream & mini marshmallows £3.20

White Hot Chocolate £2.50

Syrup/dairy or non dairy whipped cream 75p

Soya/coconut/oat milk instead 30p



QUARTER HORSE COFFEE

Juices

Frobishers Bumbleberry Smoothie £2.70

Pago Tropical fruit or Tomato juice £2.50

Eager fresh juices » Squeezed Orange, Cranberry, Pressed apple [vg](#) £2

Milkshakes

Blended with real ice cream or dairy free

Chocolate Caramel Strawberry Coconut Mint Banana Cherry Peach Vanilla
 Hazelnut Gingerbread **Vanilla Matcha Green Tea £4**

Boozy milkshakes

Cherry Bomb **Night sky mocha** **Bourbon Vanilla cream** £6.50

Cherry spiced Old

Kahlua, caramel

Makers Mark

J rum with coconut

chocolate

Bourbon & vanilla

Pop & non-alcoholic long drinks

Ginger beer, Lemonade, Elderflower, Raspberry Lemonade £2.70

Fentiman's Dandelion & burdock, Curiosity cola, Cherry cola £2.70

Bundaberg Root beer £3 Red Bull £2.50 Orangina £2.30

Belu mineral water still or fizzy £2

Draught Cola » glass £2 pint £2.50

Diet Cola or Lemonade » glass £1.90 pint £2.30

Root Beer float with vanilla ice cream £4.50

Shirley Temple Fever tree ginger, grenadine, cherry £3.50

PJs local Kombucha various flavours £4

Relax! This paper and all our take away packaging has always been recycled and/or bio-degradable, including our straws and take out cups 😊