



Allergen Menu

Gluten Eggs Fish Celery Milk Mustard Nuts Peanuts
Sesame seeds Soya Sulphur dioxide
 Nothing on this menu contains: Lupin, Crustaceans, Molluscs

ALWAYS LET US KNOW YOUR DIETARY REQUIREMENTS WHEN ORDERING TO AVOID CROSS CONTAMINATION

Cooked Breakfasts served all day

Please note these are discounted set bundles, we can't allow swaps
 NB we use Flora dairy free buttery spread which does not contain dairy

Hearty English £8
 Pork **sausage**, 2 bacon rashers, fried **egg**, two buttered granary **toast**, beans, mushrooms, cherry toms & hash brown
No gluten option (our usual sausages are GF but please check)_ngci bread £8.75

Hearty Veggie £8
Vegan sausage, grilled **halloumi**, fried **egg**, mushrooms, beans, 2 buttered granary **toast**, cherry tomatoes & hash brown
No gluten option Scrambled **Tofu** instead of sausage & ngci bread £8.75

Hearty Vegan £8
Vegan sausage, Scrambled **Tofu**, beans, mushrooms, spinach, 2 buttered granary **toast**, cherry toms & hash brown

The Big Red Breakfast £11
 two pork **sausages**, two bacon rashers, two fried **eggs**, 2 buttered granary **toast**, beans, mushrooms, cherry toms, hash brown **ng+75p**

Diddy English Pork **sausage**, bacon, fried **egg**, beans, buttered **toast** £5.50

Diddy Veggie **Vegan sausage**, **halloumi**, fried **egg**, beans, buttered toast £5.50

Scrambled egg or Turmeric Tofu on freshly baked granary **toast** £3.50

Buttered Toast with peanut butter or strawberry jam £2.50

Breakfast sandwiches on 'battered' **granary** or toasted 'battered' **Bagel** +75p
 Pork **sausages**, **Linda McCartney sausages** or Thick cut bacon rashers £4.50
 → Add your own choice of toppings £var

Halloumi wrap with fried mushrooms £4.25

Breakfast burrito Scrambled **tofu**, sweet potato chunks, spinach, sweetcorn salsa £7

Breakfast Hash £7.25

With Roast red peppers & onion, wilted spinach, turmeric scrambled **tofu** & guacamole

Cherry compote £5

Cherry Compote, **soya** yoghurt, crunchy **bats**, mixed **seeds**

Homemade American style Pancake Stack

Ask for Dairy free - contain **wheat flour** and **soya**

Simple triple stack (you can add toppings overleaf) £5

U.S.A **scrambled egg** & bacon £9

Hero Pancakes £10

Vegan Sausages, Turmeric scrambled **tofu** & hash brown

The Big Red Pancake Breakfast £12

two Pork **sausages**, two bacon rashers, **scrambled eggs** & a hash brown

Oreo Pancakes £9.50

Homemade Oreo filling, **crumbled Oreos**, choc sauce & whipped **cream**

Biscoff Pancakes £9.50

fresh banana, whipped **cream** & Lotus **biscoff biscuit** **we have dairy free cream**

Cherry Pie £10

Warm Cherry compote, **Pie crumble**, whipped **cream**

Add to your Breakfast, Sandwich or Pancakes

£1.50 each
Pork or **Vegan sausage**,
Scrambled Egg, **Halloumi**
 Guacamole

Strawberry Jam jar,
 Fresh Strawberries
 Fresh Banana

£1.25 each
 Thick cut Bacon,
 Black **pudding**,
 Scrambled **Tofu**

Peanut butter
 Vanilla **ice cream**
 Chocolate sauce

£1 each
 Fried **Egg**, Spinach
 Baked Beans, Mushrooms,
 Cherry Toms, Hash brown

Mixed **seeds**,
 Whipped Cream
 (**dairy** or non-dairy)

Sandwiches

If fillings do not contain gluten you can swap to nsgi bread for a gluten free option

- Fish fingers** with mayo on a sesame topped **bag** £5
- Fish-like fingers** and vegan mayo on a sesame topped **bag** £5
- Goats cheese** grilled with red onion chutney, rocket, on **granary** £5.75
- Thick cut ham** with American style sweet **mustard**, lettuce on **granary** £5.50

Chip Shop ASK US TO USE THE NO GLUTEN FRYER

- Chip Butty** £4.50
- Classic Loaded chips** bacon, melted **cheese**, sriracha mayo £6.50
- Mexican Loaded chips** sweetcorn salsa, guacamole, jalapenos £5.90
- Battered sausage** beer battered vegan sausage, chips, mushy peas, sriracha mayo £10
- Seitan Kebab**
 - Home-spiced **seitan**, proper chips, kebab salad, pickled chillis and **yoghurt** dressing £9.50
 - Proper chips £2.90 Homemade creamy slaw £2 Beer battered onion **rings** £3

Fresh & Hearty

- Chorizo Hash** £11
 - Spicy **chorizo** sausage, potato chunks, roast red peppers, onions, wilted spinach, fried **egg**
- Halloumi Hash** £10
 - Grilled **Halloumi** slices, potato chunks, roast red peppers, onions, wilted spinach, fried **egg**
- Winter Goats cheese salad** £10.50
 - Grilled Goats **cheese**, sweet potato chunks, tomatoes, **seeds**, red onion chutney

Toppings or Extras

- | | | |
|-----------------------------|---------------------|---------------------|
| £1.50 each | £1.25 each | £1 each |
| Halloumi , | Thick cut Bacon, | Jalapenos, |
| Guacamole | Mozzarella , | Gherkin, Vegan Mayo |
| Grilled Goats cheese | Sweetcorn salsa | Red onion chutney |
| chorizo sausage | Fried Egg , | |

Burgers with homemade slaw

No gluten option Instead of a bun have salad, or sliced seeded no gluten bread for an extra 75p
THE GLUTEN FREE BREAD WE GET VARIES PLEASE CHECK IF YOU NEED SOYA OR EGG FREE

Beef Burgers

- Double patty for max flavour & texture with lettuce in a seeded **bun**
- Simple** with **relish** £8.50
- Stacker** thick bacon, **mozzarella**, beer battered onion **rings**, gherkin £11

Plant based Burgers

- Soya & wheat** protein patty with lettuce in seeded **bun**
- Simple** with **relish** £7.50
- Goat cheese** grilled goats **cheese**, red onion chutney £10.50

Meals recommended for Kids under 11

- Diddy English** or **Veggie** £5.50
- Short stack pancakes** with maple syrup £4
- Quorn nuggets**, **Pork sausages** or **Linda McCartney sausages** £6
 - With proper chips & baked beans
- Fish fingers** or **Quorn fish-like fingers** £6
 - with proper chips & mushy peas

Homemade cakes see the cabinet on the downstairs bar

- Salted caramel brownie** £3.50
- Anzac flapjack cookie** chewy cookie with coconut & **sultanas** £2.90
- White chocolate Biscoff Millionaire** £3.50
- Other assorted homemade cakes** including vegan options from £3.50
- Add whipped **cream** 75p Add a scoop of vanilla **ice cream** £1.25