



ALLERGEN GUIDE

Food served until 9pm • Eat in or Take away

1 Gluten | 2 Crustaceans | 3 Eggs | 4 Fish | 5 Peanuts
6 Soy beans | 7 Milk | 8 Nuts | 9 Celery | 10 Mustard
11 Sesame | 12 Sulphur Dioxide | 13 Lupin | 14 Molluscs

(numbers in brackets are where ingredients list a ,may contain' or ,trace')

If you suffer from a severe allergy we cannot advise any of our dishes. We can make your food without certain ingredients and use separate fryers, toasters, utensils and grills, but we cannot guarantee a free from environment

Please note our gluten free bread brand varies, so please check if you also need soya or egg free as it may not be listed here

v = veggie, vg = vegan, ng = no gluten containing ingredients

(vga/nga) = can be made that way on request. Please inform us of any dietary requirements

AMERICAN STYLE PANCAKES

Simple Vegan Pancakes **6, 1**

Simple Dairy Pancakes **1,3,7**

Hero (vga) **6, 1**

Vegan sausages, tofu, chives, hash brown

The Loaded Pancake Breakfast **12, 3, 1, 7**

Two sausage and bacon rashers, scrambled eggs, hash brown

Kinder Chocolate Feast v **1, 6, 7, 3 (7, 8, 13)**

White chocolate sauce, berries, chocolate spread, cookie crumble, Kinder bar

Coconut and Mango (vga) **12, 6, 1**

Mango coulis and chunks, coconut cream, dried raspberry

Sharing Pancake Bites **6, 1, 3, 7, 12 (8, 13)**

All pancakes served with a jug of real maple syrup

ENGLISH STYLE BREAKFAST available all day

These are discounted set bundles, we can't allow swaps

Hearty English **12, 3, 1**

Pork sausage, two thick cut bacon rashers, fried egg, mushrooms, beans, buttered granary toast, hash brown, cherry tomatoes

The Big Red Breakfast **12, 3, 1**

Two pork sausages, two thick cut bacon rashers, two fried eggs, mushrooms, beans, buttered granary toast, hash brown, cherry tomatoes

Diddy English Pork sausage, bacon, fried egg, beans, buttered toast **12, 3, 1**

Ask for no gluten alternative +£1

as above, but with non-gluten containing toast and flora portion

Hearty Veggie v **1, 3, 6, 7**

Vegan sausage, grilled halloumi, fried egg, mushrooms, beans, buttered granary toast, hash brown, cherry tomatoes

Diddy Veggie v Vegan sausage, halloumi, fried egg, beans, toast **1, 3, 6, 7**

Ask for no gluten alternative +£1

as above, but with tofu instead of sausage, non gluten containing toast and flora portion

Hearty Vegan vg **1, 6**

Vegan sausage, Facon pieces, Scrambled tofu, beans, mushrooms, 'buttered' granary toast, cherry tomatoes, hash brown

Scrambled Egg or Scrambled Tofu (vga) (nga) On granary toast **1, 3** or vga= **1, 6**

Ham & Eggs (nga) **3**

Pan seared ham topped with 3 fried eggs & chives layed on potato wedges

Toppings & Extras

Pork sausage **12** Vegan sausage **6,1** Halloumi **7** Scrambled Egg **3**

Scrambled Tofu **6** Chocolate sauce **6 (7,8,13)** Toast **1** Facon **6**

Fried egg **3** Black pudding **1** Ice cream Dairy **3,7**

Wrap **1** White Chocolate sauce **7,6**

SALADS, BAGELS, WRAPS & BAPS available all day

Breakfast Bap or Sliced Bread (nga)	1
Bacon	
Pork sausage	12
Vegan sausage	1,6
Breakfast Wrap vg Tofu, hash brown, cherry tomatoes, vegan cheese	6,1
Club Bagel Bacon, sliced turkey, fried egg, cherry toms, lettuce, mayo	7,1,3
Bacon Breakfast Bagel Bacon, 2 pork sausages, fried egg	7,1,3,12
Veggie Breakfast Bagel v 2 vegan sausages, halloumi, fried egg	7,1,3,6
Avocado Toast vg (nga) Guacamole, vegan feta, cherry tomatoes, coriander	1
Fish or Fish-like Fingers (vga) Mayo, lettuce, bap	1,4
'Kebab' Wrap vg Doner seitan, slaw, tomatoes, lettuce, pickled onion	1
Bright & Breezy Salad (nga) vg	6,1
Vegan feta, facon, strawberries, cherry toms, lamb's lettuce, little gem, pickled red onion, croutons, house vinaigrette	
Caesar Salad (nga) v	6,7,1
Gem lettuce, halloumi, parmesan, facon, croutons, caesar dressing	

SHARERS & SIDES available all day

Loaded Hash Brown Bites vg Facon, mayo, chives	6
Halloumi Dippers (nga) v Tossed in our seasoning, tomato salsa	7
<p>Our popular home-made proper chips are double fried, made from the highest quality Koffman's potatoes</p>	
Classic Loaded Chips (nga) (vga) Bacon, cheese, mayo	7,vga=6
Spicy Loaded Chips (nga) v Jalapeño, cheese sauce, sriracha, coriander	7

Home-fried nachos v

cheese sauce, guacamole, sour cream,
peppers, jalapeños, coriander **£8.50**
add brisket **£3.50** • add seitan **£2.50**

7,1

'Kebab' Chips vg	1
Doner seitan, lettuce, pickled onion, mayo, sriracha, crispy onions	
Proper chips (nga) vga Beer battered onion rings vg 1 Slaw ng vg	
Side salad with feta piquante peppers ng vg	

KIDS MEALS recommended for aged 11 or under

2 Pork / Vegan Sausages , chips, beans	12/6,1
2 Fish Fingers / Fish-like Fingers , chips, beans	4,1/1,6

BURGERS with homemade slaw & proper chips

SMASHED PATTY BEEF BURGERS

in a freshly baked bun with lettuce,

Classic (nga) Tomato relish	1
Mexican (nga) Nacho cheese sauce, guacamole, jalapeños	1,7
Texan Slow cooked beef brisket, bbq sauce, onion rings	1

PLANT BASED BURGERS

soya protein patty in a freshly baked bun with lettuce

Simple vg (nga) Tomato relish	1
Shroom v (nga) Halloumi, creamy mushroom & tarragon sauce	1,7
Mighty vg Facon pieces, smoked applewood cheese, onion rings, bbq	1,6

where (nga) available **our gluten free bun = 13 (6, 10, 11)**

JACKET POTATOES with side salad

Simple vg (nga) with 'butter'

1 Topping Jacket v (nga) (vga) **2 Topping Jacket v (nga) (vga)**

Choose from cheese **7 vga=6**, homemade slaw or baked beans

Creamy Mushroom vg (nga)

Button mushrooms in a homemade creamy tarragon sauce

Brisket (nga)

Our home slow cooked beef, slaw, pickled red onion, coriander, crispy onions