



Allergen Menu

Gluten Eggs Fish Celery Milk Mustard Lupin
Sesame seeds Soya Sulphur dioxide Peanuts Nuts

Nothing contains: Crustaceans or Molluscs

If you suffer from a severe allergy we cannot advise any of our dishes. We can make your food without certain ingredients, and we can use equipment designated not to be used for gluten containing ingredients, but we cannot 100% guarantee a product is completely free from cross contamination.

ENGLISH STYLE BREAKFASTS available all day

- Hearty English** £8.90
Pork **sausage**, two thick cut bacon rashers, fried **egg**, mushrooms, beans, buttered granary **toast**, hash brown, cherry tomatoes
- The Big Red Breakfast** £11.90
Two **sausages**, 2 thick cut bacon rashers, 2 fried **eggs**, mushrooms, baked beans, buttered granary **toast**, hash brown, cherry toms
- Diddy English** Pork **sausage**, bacon, fried **egg**, beans, buttered **toast** £5.90

Ask for no gluten alternative +£1
as above, but with non-gluten **containing toast** and flora portion

- Hearty Veggie** £8.90
Vegan **sausage**, grilled **halloumi**, fried **egg**, mushrooms, beans, buttered granary **toast**, hash brown, cherry tomatoes
- Diddy Veggie** Vegan **sausage**, **halloumi**, fried **egg**, beans, **toast** £5.90

Ask for no gluten alternative +£1
as above, with plant based **Scramble** instead of sausage, **no gluten toast** & flora portion

- Hearty Vegan** £8.90
Vegan **sausage**, **Facon**, plant based **Scramble**, beans, mushrooms, 'buttered' granary **toast**, cherry toms, wilted spinach, hash brown

AMERICAN STYLE PANCAKES available all day

~ All with Real maple syrup ~ REQUEST VEGAN PANCAKES

- Simple** Triple stack (add your own toppings below) £6
- Hero** Vegan **sausages**, plant based **Scramble**, hash brown £11
- The Loaded Pancake Breakfast** £13
Two **sausage** and bacon rashers, scrambled **eggs**, hash brown
- Apple cinnamon Crumble** £11
Apple pie topping, Cinnamon & raisin **granola**, **Toffee** sauce
**NB Granola May Contain: Sesame Soya, Milk, Nuts or Peanuts*
- Banana Split sundae** £10
Fresh banana, **ice cream**, whipped **cream**, chocolate sauce, **cherry**
**NB our vegan ice cream has no allergens but is produced in a factory that handles dairy and soya*
**NB Our vegan whipped cream contains soya*

TOPPINGS & EXTRAS

£1.80 each
Pork or **Vegan** sausage
Guacamole ~ **Halloumi**
Scrambled **egg** or Plant based **Scramble**
Apple pie topping
Cinnamon **granola**

£1.50 each
2 slices 'buttered' **toast**
Black **pudding** ~ Banana
Facon strips ~ Fried **egg**
Brioche **Bagel**
Ice cream (vga) ~ Thick
Bacon ~ Strawberry Jam

£1 each
Wrap ~ Baked Beans
Hash brown ~ Mushrooms
Trade up to Scrambled **egg**
Cherry Toms ~ Spinach
Whipped cream (vga)
Toffee or chocolate sauce

BREAKFAST SANDWICHES available all day

REQUEST NO GLUTEN CONTAINING BREAD +£1

- Scrambled Egg** or Plant based **Scramble** granary toast £4.50
- Bap or Sliced Granary** Bacon or **Sausage** (add extras above) £4.50
- Plant based Wrap** **Scramble**, shrooms, 'feta', cherry toms, spinach £7
- Bacon Breakfast Bagel** Bacon, 2 pork **sausages**, fried **egg** £7.25
- Veggie Breakfast Bagel** 2 vegan **sausages**, **halloumi**, fried **egg** £7.25
- Avocado Toast** Guacamole, vegan feta, cherry toms, **seeds** £7.50

WINTER BREAKFAST HASH available all day

Roast winter root veg, red onion, cherry toms & wilted spinach topped with a fried egg and your choice of Goats cheese or Beef Brisket £12

LUNCH available from midday

REQUEST NO GLUTEN CONTAINING BREAD +£1

- Classic Tuna mayo & Sweetcorn on Granary £5
- Grilled goats cheese & red onion chutney on Granary £6.50
- Thick cut roast Ham & mustard on Granary £5
- Fish or Fish-like Fingers Mayo & lettuce on a bap £5.50
- 'Kebab' Wrap Doner seitan, cabbage & onion slaw, toms, lettuce £6.75
**NB A spice we use in the doner may contain Mustard*
- Homemade Hearty Soup & a Bap see bar board or ask us £6
**NB Allergens will vary ask us*
- Jacket Potato w/salad, cherry toms, cucumber & corn (add toppings) £5

TOPPINGS & EXTRAS

<p>£1.80 each</p> <p>Grilled goats cheese Guacamole ~ Halloumi Cheddar ~ Tuna mayo Vegan feta ~ Houmous</p>	<p>£1.50 each</p> <p>Nacho cheese sauce Sour cream ~ Gravy Cherry tomato salsa Red onion chutney</p>	<p>£1 each</p> <p>Baked Beans ~ Spinach Mushrooms ~ Sweetcorn Tomato relish Jalapenos ~ BBQ sauce</p>
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Proper chips £3.50 ~ Cup of homemade Soup (check allergens) £3

**NB Chips can be fried using our no gluten fryer, please request*

Roast winter veg £3.90 ~ Mixed olives £4 ~ Beer battered onion rings £3 ~ Side salad £3.50 ~ Pot of slaw £2.50 ~ Corn on the cob £3

KIDS MEALS recommended for 10 or unders

- Two Pork OR Vegan Sausages with chips & beans £6
- Two Fish Fingers OR Fish-like Fingers with chips & beans £6

PLATTERS available from midday

Very Cherry Platter ~ Big meal for one, lunch for 2, snack for 3 ~
Houmous, veg sticks, proper chips & mixed olives with:

~ BBQ cauliflower & falafel balls £15

**NB Cauliflower coating ingredient may contain Nuts*

**NB Falafel ingredients from factory handling Sesame, Mustard, Celery and Soya*

~ Southern fried chicken strips & Halloumi £15

Home fried nachos £9.50

Guac, cheese sauce, sour cream, jalapenos, fresh cherry tomato salsa

American loaded chips melty cheese, bacon, sour cream £8.50

Greek loaded chips vegan feta, tomatoes, onion, coriander, olives £8.50

***Chips can be cooked using our no gluten containing Fryer**

HEARTY MEALS available from midday

Southern fried in a basket proper chips, corn, gravy £11

BBQ Cauliflower Salad roast root veg, houmous, leaves, seeds £10.50

NB Cauliflower coating ingredient may contain Nuts

Brisket loaded potato House slow cooked Beef brisket, slaw, corn £14

BURGERS available from midday ~ House slaw & proper chips ~

SMASHED PATTY BEEF BURGERS

in a freshly baked bun with lettuce

Classic Tomato relish £10.50

Mexican melty cheese, guacamole, jalapeños £13

Mighty thick cut bacon, melty cheese, bbq sauce, onion rings £14

PLANT BASED BURGERS

Soya protein patty in a freshly baked bun with lettuce

Simple Tomato relish £10.50

Ultimate cheese Halloumi, Goat & cheddar, red onion chutney £13.50

Falafel topper falafel balls, cherry tomato salsa £14

**NB Falafel ingredients from factory handling Sesame, Mustard, Celery and Soya*